

Your benefits

- » practical support
- » stress relief
- » solutions
- » strengthening your resources
- » new way forward
- » strenghtening your physical and mental health
- » more quality of life and job satisfaction

Interested? Get in touch!

Corporate Social Counseling
0676 87 76 80 92
bsb.beratung@caritas-ooe.at
www.caritas-ooe.at/bsb/beratung

While we may not always be available, we are committed to getting back to you as soon as we can.



Chat



Betriebliche
SozialBeratung

Betriebliche
SozialBeratung

How to find us



Corporate Social Counseling
Baumbachstraße 3
1st floor
4020 Linz

Stop for public transport:
Tram: **Mozartkreuzung**
Bus: **Mariendom, Klammsstraße**

Corporate Social Counseling



We look forward to hearing from you!

Our services

Every now and then, we all face overwhelming challenges in everyday life, and it can be comforting to have someone to talk to.

We are your first point of contact for moments like these – no matter what is burdening you.

Our counselling is

- confidential
- anonymous
- solution-oriented
- personalized
- free of charge
- in a relaxed and comfortable setting

Counseling areas

Health

- Burn-out, crises, addiction, violence, loneliness
- Mental issues

Finances

- Budgeting
- Debt management
- Subsidies

Energy

- Energy costs
- Saving Energy
- Switching provider

Family & children

- Relationship issues
- Parenting matters
- Childcare
- Caregiving
- Work-life balance

Housing

- Finding a home
- Securing accommodation

Education

- Training and further education
- Financial support

Legal matters & Authorities

- Residence permits
- Family reunification

Workplace

- Excessive/insufficient workload
- Bullying
- Conflicts
- Work-life balance