



## Information Sheet: Psychological, Psychotherapeutic, and Psychiatric Care Options

Current group offerings of the Psychological Student Counselling Center in Linz can be found at: [Psychologische Studentenberatung: Gruppen \(studierendenberatung.at\)](https://studierendenberatung.at) or on

Instagram: studierendenberatung\_linz

Search for Psychotherapists and Psychologists:

- Psychotherapy and Clinical Psychology: <https://www.psyonline.at/>
- Psychotherapy: <https://psychotherapie.ehealth.gv.at/>
- Clinical Psychology: <https://klinischepsychologie.ehealth.gv.at/>
- Clinical Psychology: <https://www.psychnet.at/>

Financing Options:

- Psychotherapy with full cost coverage by health insurance: Registration for the waiting list through the Clearing Office Upper Austria:  
Tel.: 0800 20 25 33  
<https://www.proges.at/psychotherapie> (therapy in different languages available)
- Psychotherapy with cost subsidies from health insurance: With a medical referral for psychotherapy, health insurance reimburses a portion of the costs. The amount of cost subsidies varies between health insurance providers
- Mental Health Fund of the Austrian Student Union (ÖH): 50% of the self-payment for psychotherapy costs are refunded for students (up to a maximum of 500 euros).  
Application and information about the Mental Health Fund:  
<https://oeh.jku.at/%C3%B6h-jku-mental-health-fonds>
- Free clinical psychological treatment up to and including the age of 21: Registration at:  
<https://gesundausderkrise.at/>
- Centre for Mental Health of pro mente Upper Austria for people aged 14-29:  
<https://www.start-box.at/>



#### Free Crisis Intervention and Urgent Help Resources:

- Crisis Help Upper Austria: <https://www.krisenhilfeooe.at/> Phone: 0732/2177
- Telephone Psychological Crisis Intervention of the Austrian Association of Psychologists: BÖP Helpline: 01/504 8000
- Telephone Pastoral Care Upper Austria: Phone: 142 <https://www.dioezese-linz.at/telefonseelsorge>
- Crisis Room Exit Sozial: Inpatient crisis intervention <http://www.exitsozial.at/krisenzimmer/>
- Outpatient Clinic at Neuromed Campus Linz: <https://www.pmooe.at/unser-angebot/sozialpsychiatrisches-ambulanzzentrum/>

#### Psychiatrists (all insurances):

- Dr. Claudia Zachhuber, Hauptstraße 71, 4040 Linz (Tel.: 0732/600121)
- Other psychiatrists in Upper Austria with available resources can be found here: <https://arztsuche.aeksbg.at/finder/search/land/OO>

#### Possible Resources for Psychotherapists and Psychologists in Upper Austria at a Social Rate of 40 Euros:

- ÖGWG-initiativ: <https://www.oegwg-initiativ.at/liste?bundesland=Ober%C3%B6sterreich>
- SFU Ambulanz Linz: <https://ambulanz.sfu-linz.ac.at/de/universitaetsambulanz-fuer-psychotherapie-sfu-linz/>
- Thomas Webersdorfer (in English) – Praxis in Linz: <https://www.psychotherapie-webersdorfer.at/>
- Legenstein Katharina – (in English) Praxis in Linz: <https://www.praxis-legenstein.at/>
- Psychotherapeutische Bereitschaftsdienst - <https://www.bereitschaftsdienst.at/>

#### Service center for students with disabilities and chronic illnesses

- <https://www.bmbwf.gv.at/Themen/HS-Uni/Studium/Studieren-mit-Behinderung.html>

#### Online- und Chatberatung

- Online counselling of Promente Upper Austria: [www.start-box.at/chat-box](http://www.start-box.at/chat-box)
- Social Work Chat Counselling: [we need you · jugendcoaching mit Chatberatung - Soziale Initiative](#)